

Shamar Parchment

(516) 234-2945

sparchment2@gmail.com

www.theshamarparchmentofficial.com

Non-Union

Height: 5' 10" (177.8 cm)

Weight: 230 lbs. (104kg)

Eyes: Brown

Hair Color: Black

FILM/TV

<i>Touch of Accomplishment</i>	Lead	Dir. J Warner
<i>The Getaway Trip</i>	Lead	Dir. Ryan Miele
<i>Apologize School</i>	Supporting	Dir. Martin Bentsen
<i>The Coming of Disaster</i>	Supporting	Dir. Janelle Gonzales
<i>The Rebellious Student</i>	Lead	Dir. Martin Bentsen
<i>CHALLENGING</i>	Supporting	Dir. J Warner
<i>MENTAL</i>	Lead	Dir. J Warner
<i>Mahogany Jones</i>	Supporting	Dir. Joseph Johnson

EDUCATION & TRAINING

Private Coach - Danny Wooten (Book It Acting): Monologue Rehearsal, Scene Studies, Demo Reel Preparations

John Pallotta Acting Studio (1 year): Scene Rehearsal, On Camera Cameo Appearances, On Camera Lead Role

JB Powers Acting Class (6 months): Commercial Rehearsal, Scene and Script Studies

SPECIAL SKILLS

Sports, Computers, Skateboarding, Basketball, Baseball, Football, Lacrosse, Aerobics, Bodybuilding, Gymnastics